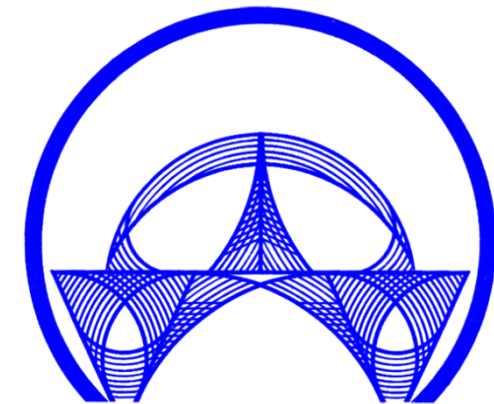


Code of Conduct

1. We are on time and only leave after training is over.
2. We greet the coaches nicely. Also when we leave.
3. Phones are kept in the bag or pocket during the ENTIRE training.
4. We all help setting up equipment before warm up and jumping, and we all help packing it down again, before we stretch and leave.
5. We speak nicely to each other, all of us.
6. We inform the club about absence or sickness if we cannot make it to training or a competition. This can be done either on Facebook, via SMS or a call.
7. Food and drinks are allowed, but cake, candy soda and energy drinks stay at home, unless there is enough for everybody, e.g. because of birthdays, or the like.
8. If we can't follow these simple rules, we will be put on the sideline for a short while. If this continues, the club will contact our parents and we will be sent home.



**LUNDTOFTE
TRAMPOLINKLUB**

2023/2024 – Membership cost: 2150 kr.
Danske Bank, Reg/account.no: 1551-8212813



Welcome

Lundtofte Trampolin Club was founded in 1972 and has functioned as a club with training and competitions ever since. We have members ranging from elites to the ones who just do it for fun.

We are a club for everybody above the age of 8. Parental guidance is required if you are between the ages 8-10. Training occurs 1-2 times a week.



Training Schedule

Wednesday

1700 – 1930

Training

Friday

1730 - 1930

Training

During absence, contact either of the following:
Peter Laurent, Chairman – 21 72 13 64 or
Allan Laursen, Elite Coach – 21 64 79 40.